

## **New COVID policies (Stepping Stones Psychological Services, LLC 6.1.21)**

Please consider the following therapy session options:

- 1) We can continue with ONLINE sessions.
- 2) We can meet OUTSIDE near my office and either sit or go for a walk, with or without masks, depending on your (or your child's) vaccination status. Masks are not required outside if both parties are vaccinated. (If the weather is bad, we can use umbrellas or go online.)
- 3) For clients who are fully vaccinated, we can meet INSIDE my office with masks. **(NJ law says healthcare offices are not permitted to see patients without masks.)** For children under 12 who are not yet able to be vaccinated, we can meet in person if both parties are able to use masks.
- 4) Please note that we can fluctuate between formats as well.

Regarding office safety measures:

- Obviously, if you or your child is having any symptoms, have been diagnosed with COVID, are awaiting COVID test results, or have been in contact with anyone who has tested positive for COVID, PLEASE DON'T COME IN!!! We can meet online, or you can cancel the session at no charge. Please try to give me as much notice as possible if you need to cancel.
- There are windows in my waiting room and office. Weather permitting, the windows will remain open whenever possible. I have purchased HEPA filter air purifiers for the office as well.
- If you decide to come into the office, please help me be mindful to END OUR SESSION ON TIME (45 min.) so there's minimal time for other clients in the waiting room.
- I will encourage clients to use hand sanitizer before entering the office.
- To protect everyone, **ONLY PARENTS are allowed to accompany children/teens into the office. SIBLINGS ARE NOT PERMITTED IN THE WAITING ROOM.**
- I will not be checking temperatures or wiping surfaces between clients because the benefit of those practices is doubtful.
- Please encourage your child to use the bathroom at home prior to coming to session.
- These policies are subject to change if public health conditions change.

PLEASE NOTE: If you choose in-person sessions for yourself or your child, you are doing so at your own risk. I cannot guarantee that you will not be exposed to COVID or any other disease. If you are not comfortable with the risks involved with in-person sessions, you are welcome to continue with online sessions. By signing below, I indicate that I have read and understood the session options and office safety procedures described above. I also understand and accept the risks of the option I have chosen for myself and/or my child.

Name of Client:

Birthdate:

Name of Parent (if minor):